

Men's Bio-Identical Hormone Evaluation Form

TODAY'S DATE / /		BIRTHDATE / / AGE				
NAME		WAIST SIZE HEIGHT W EIGHT				
ADDRESS:		DO YOU USE TOBACCO? YES NO HOW OFTEN, HOW MUCH?				
CITY		DO YOU USE ALCOHOL? YES NO HOW OFTEN, HOW MUCH?				
STATE	ZIP CODE	DO YOU USE CAFFEINE? YES NO				
PHONE		HOW OFTEN, HOW MUCH?				
EMAIL						
DOCTOR'S NAME	PHONE	O FFICE ADDRESS				
ALLERGIES (PLEASE CHECK	K ALL THAT APPLY TO YOU.)					
[]Penicillin []Codeine []Sulfa Drug []Morphine	[]Aspirin[]Food Allergies[]Dye Allergies[]Nitrate Allergy	[]No Known Allergies []Other: []Pet Allergies []Seasonal (pollen) Allergies				
PLEASE DESCRIBE THE	REACTION YOU EXPERIENCED) AND WHEN IN OCCURRED :				



Bio-Identical Hormone Evaluation form cont.

${\bf OVER\text{-}THE\text{-}COUNTER\ MEDICATIONS}\ ({\tt PLEASE\ CHECK\ ALI}$	L THAT APPLY TO YOU.)				
[] Aspirin [] Acetaminophen (ex: Tylenol®) [] Ibuprofen (ex: Advil® or Motrin IB®) [] Naproxen (ex: Aleve®) [] Cough suppressant (ex: Robitussin DM®) [] Antihistamine (ex: Chlor-Trimeton®) [] Decongestant (ex: Sudafed®) [] Vitamins or Herbs:	[] Sleep aids [] Antidiarrh [] Laxatives/ [] Diet aids/ [] Antacids/	[] Combination (cough + cold releiver/ex: Triminc DM [®]) [] Sleep aids (ex: Exedrin PM [®] , Unisom, Sominex [®] , Nytol [®]) [] Antidiarrheals (ex: Imodium [®] , Pepto Bismol [®]) [] Laxatives/stool softeners (ex: Colace [®] , Correctol [®]) [] Diet aids/weight loss products (ex: Dexatril [®]) [] Antacids (ex: Maalox [®] , Mylanta [®])			
MEDICAL CONDITIONS/DISEASES (PLEASE CHECK ALL T	ГНАТ APPLY TO YOU.)				
[] Heart disease (ex: Congestive Heart Failure) [] High cholesterol or lipids (ex: Hyperlipidemia) [] High blood pressure (ex: Hypertension) [] Cancer	•••••• Arthriti ••••• Depress ••••• Erectile ••••• Headach	•••••• Diabetes ••••• Arthritis or joint problems ••••• Depression ••••• Erectile Dysfunction ••••• Headache/migraines ••••• Osteoporosis			
CURRENT PRESCRIPTION MEDICATIONS: MEDICATION NAME	STRENGTH	DATE STARTED	HOW OF TEN PER DAY		
LIST HORMONES PREVIOUSLY TAKEN:					



Bio-Identical Hormone Evaluation form cont.

PATIENT INFORMATION SHEET

	ABSENT	MILD 2	MODERATE 3	SEVERE 4	COMMENT
	1				
Unusual Increase in Fatigue					
Weight gain					
Decrease in Muscle Mass					
Loss of Muscle Strength					
Joint/Muscle Pains					
Anxiety/Nervousness					
Depression/Apathy					
Increase in Waist Size					
Trouble Losing Weight					
Headaches					
Irritability					
Mood swings					
Loss in Height					
Sleep disturbances / insomnia					
Decreased Sex Drive					
Difficulty Establishing Full Erection					
Difficulty Maintaining Full Erection					
Decrease in Spontaneous Morning Erections					
Decrease in Mental Sharpness					
Trouble Concentrating					
Decreased Stamina					
Increased Urinary Urge					
Burned Out Feeling					
Hair loss					
Decreased Urine Flow					

WHAT ARE YOUR GOALS WITH TAKING BHRT?	PLEASE WRITE ANY QUESTIONS YOU MAY HAVE: