

Men's Bio-Identical Hormone Evaluation Form

TODAY'S DATE

BIRTHDATE

AGE

NAME

WAIST SIZE

HEIGHT

WEIGHT

ADDRESS:

DO YOU USE TOBACCO? YES NO
HOW OFTEN, HOW MUCH?

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CITY

DO YOU USE ALCOHOL? YES NO
HOW OFTEN, HOW MUCH?

STATE

ZIP CODE

PHONE

DO YOU USE CAFFEINE? YES NO
HOW OFTEN, HOW MUCH?

EMAIL

DOCTOR'S NAME

PHONE

OFFICE ADDRESS

ALLERGIES (PLEASE CHECK ALL THAT APPLY TO YOU.)

- | | | | |
|-------------------------------------|--|--|---------------------------------------|
| <input type="checkbox"/> Penicillin | <input type="checkbox"/> Aspirin | <input type="checkbox"/> No Known Allergies | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Codeine | <input type="checkbox"/> Food Allergies | <input type="checkbox"/> Pet Allergies | |
| <input type="checkbox"/> Sulfa Drug | <input type="checkbox"/> Dye Allergies | <input type="checkbox"/> Seasonal (pollen) Allergies | |
| <input type="checkbox"/> Morphine | <input type="checkbox"/> Nitrate Allergy | | |

PLEASE DESCRIBE THE REACTION YOU EXPERIENCED AND WHEN IT OCCURRED :

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PATIENT INFORMATION SHEET

| | ABSENT 1 | MILD 2 | MODERATE 3 | SEVERE 4 | COMMENT |
|---|-------------|-----------|---------------|-------------|---------|
| Unusual Increase in Fatigue | | | | | |
| Weight gain | | | | | |
| Decrease in Muscle Mass | | | | | |
| Loss of Muscle Strength | | | | | |
| Joint/Muscle Pains | | | | | |
| Anxiety/Nervousness | | | | | |
| Depression/Apathy | | | | | |
| Increase in Waist Size | | | | | |
| Trouble Losing Weight | | | | | |
| Headaches | | | | | |
| Irritability | | | | | |
| Mood swings | | | | | |
| Loss in Height | | | | | |
| Sleep disturbances / insomnia | | | | | |
| Decreased Sex Drive | | | | | |
| Difficulty Establishing Full Erection | | | | | |
| Difficulty Maintaining Full Erection | | | | | |
| Decrease in Spontaneous Morning Erections | | | | | |
| Decrease in Mental Sharpness | | | | | |
| Trouble Concentrating | | | | | |
| Decreased Stamina | | | | | |
| Increased Urinary Urge | | | | | |
| Burned Out Feeling | | | | | |
| Hair loss | | | | | |
| Decreased Urine Flow | | | | | |

**WHAT ARE YOUR GOALS
WITH TAKING BHRT?**

**PLEASE WRITE ANY QUESTIONS
YOU MAY HAVE:**

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